



Menu – week 1

	Lunch	Tea
Monday	Tuna, sweetcorn & leek pasta bake Fromage Frais	Toasted crumpets with butter, marmite, salmon paste or cheese spread Bananas & custard
Tuesday	Sausage & lentil casserole with seasonal vegetables Winter fruit crumble & natural yoghurt	Wholemeal sandwiches with choice of ham, cheese spread or salmon spread Ice cream smoothie
Wednesday	Handmade vegetable pizza with seasonal vegetables Banana chocolate brownies	Vegetable soup with a bread roll Granola bar
Thursday	Cottage pie with green beans Shortbread biscuit	Cheese & courgette muffins with pepper sticks Jelly
Friday	Broccoli, cauliflower & pasta gratin Jam & coconut sponge	Pitta bread with hummus & carrot sticks Vanilla ice-cream

Breakfast is a choice of cereals with milk

Morning and afternoon snack is a choice of five fresh fruit and vegetables with milk or water



Menu - Week 2

	Lunch	Tea
Monday	Quorn chilli con carne with rice & Garlic bread Gingerbread biscuit	Wholemeal wraps with grated cheese and pepper sticks Fromage Frais
Tuesday	Jacket Potatoes with grated cheese, tuna and baked beans Milk Jelly	Crustless quiche with veggie sticks Bananas & custard
Wednesday	Lasagne with peas and carrots Oat & raisin biscuit	Hand baked tortilla crisps with carrot & cucumber sticks & mint yoghurt dip Fruit whip
Thursday	Chicken cobbler with seasonal vegetables Jelly & ice cream	Spaghetti hoops on wholemeal toast Banana cake
Friday	Fish fingers with mashed potato & baked beans Pineapple upside down cake	Butternut squash soup with croutons Biscuits baked by children / or kitchen

Breakfast is a choice of cereals with milk.

Morning and afternoon snack is a choice of five fresh fruit and vegetables with milk or water.



Menu – week 3

	Lunch	Tea
Monday	Vegetable & lentil curry with rice and naan Bread Yoghurt crunch crumble	Beans on wholemeal toast Chocolate fudge biscuit
Tuesday	Chipolata sausages with ratatouille & garden peas Chocolate & orange shortbread biscuit	Potato & leek soup with a bread roll Fromage Frais
Wednesday	Jacket potatoes with grated cheese, baked beans & tuna Carrot cake	Cream cheese, ham & cucumber pinwheels Bananas & custard
Thursday	Roast Turkey with roast potatoes, seasonal vegetables Fromage Frais	Wholemeal sandwiches with a choice of cheese spread, salmon and ham Fruity flapjack
Friday	Macaroni cheese with spinach & green beans Ginger sponge cake	Handmade mini cheese & onion rolls with pepper sticks and tomato dip Yoghurt & fruit dessert

Breakfast is a choice of cereals with milk. Morning and afternoon snack is a choice of five fresh fruit and vegetables with milk or water