

## Once upon a time nursery school menu

### Week 1

	Lunch	Tea
Monday	Bacon and mixed vegetable rice bake Fruit crumble and natural yoghurt	Toasted Crumpets with a choice of butter, salmon paste, or cheese spread Bananas and custard
Tuesday	Homemade cheesy garlic pizza slice Alfredo vegetable pasta bake	Wholemeal sandwiches with a choice of ham, cheese or salmon spread Orange yoghurt cake
Wednesday	Jacket potato with cheese, tuna, and baked beans Sugar free banana bread	Wraps with grated cheese and vegetable sticks Fromage frais
Thursday	Vegetable sticks with cheese and chive dip / houmous Salmon and broccoli gratin	Savoury scones and Pepper Sticks Yoghurt jelly
Friday	Sausage, potato, and lentil casserole with vegetables Fruity flapjack	Bagels with a choice of butter, salmon paste, or cheese spread Fromage frais

**Breakfast is a choice of cereals with milk**

**Morning and afternoon snack is a choice of five fresh fruits and vegetables with milk or water**

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### Week 2

	Lunch	Tea
Monday	Chapattis / Naan bread with riata Sweet potato and lentil curry with rice	Scrambled eggs on wholemeal toast Sponge of the day
Tuesday	Chicken and mushroom pie with vegetables Fromage frais	Cheese and chive scones with vegetable sticks Biscuits baked by children
Wednesday	Homemade cheese straws / twists Leek and sweetcorn pasta in a rich tomato sauce	Sandwiches with a choice of ham, cheese spread, or salmon paste Mixed berry, honey and yoghurt
Thursday	Jacket potatoes with vegetable chilli Ginger cake	Vegetable soup with wholemeal roll Banana and oat mini biscuits
Friday	Fish fingers with mashed potato and baked beans Fromage frais	Muffins with cheese spread or salmon spread Bananas and custard

**Breakfast is a choice of cereals with milk**

**Morning and afternoon snack is a choice of five fresh fruits and vegetables with milk or water**

## Once upon a time nursery school menu

### Week 3

	Lunch	Tea
Monday	Jacket potatoes with homemade baked beans and cheese  Fromage frais	Pitta bread pizza / Tuna sweetcorn pasta  Funfetti cookies
Tuesday	Cheese topped pasta bake with peas  Carrot cake	Baked beans on toast  Fromage frais
Wednesday	Quorn mince cottage pie with green beans  Apple biscuits	Carrot and tomato soup  Yoghurt bark
Thursday	Beef enchilada pie with vegetables  Mini cupcakes	Wholemeal sandwiches with a choice of ham, cheese or salmon spread  Banana and cinnamon yoghurt
Friday	Garlic bread with a cheesy yoghurt dip  Pasta bolognese	Breadsticks and crackers with dips  Cake / biscuit of the day

**Breakfast is a choice of cereals with milk**

**Morning and afternoon snack is a choice of five fresh fruits and vegetables with milk or water**