

Sun Safe Policy

Statement of intent

Whilst we recognise that some sun is good for us, over-exposure to Ultraviolet (UV) radiation is an important safeguarding issue in pre-school settings. At our nursery, we want all children and staff to enjoy the sun safely while joining in with outdoor play.

Aims

We aim to:

- ★ Work in partnership with parents/carers, our staff and the wider community to promote awareness around sun safety and promote healthy practices.
- ★ Teach about sun safety to promote positive behaviours and increase knowledge.
- ★ Provide an environment where children and staff can stay safe in the sun.

Methods

Staff

- ★ Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing, a hat and sunscreen.
- ★ Encourage children to use shaded areas during outdoor play.
- ★ Ensure there is access to drinking water during hot weather and encourage children to drink plenty of water.
- ★ Provide activities in the shade and create shelters with temporary 'den' canopies during hot and sunny conditions.
- ★ Provide information and guidance through Tapestry updates and activities.
- ★ Teach children the 'slip, slap, slop' song and provide visual displays which will help them remember the basic sun safe message.

Parents

- ★ To enable the children to play safely in the sun we require parents to provide their child with a named bottle of high factor sunscreen and written consent for it to be re-applied by our staff.
- ★ Parents should always apply sunscreen to their child **before** they attend nursery. Staff will re-apply at appropriate intervals during the day, encouraging older children to do as much of this as they can.
- ★ Hats should be provided, and staff will remind children to wear them when outside. The most appropriate type of headwear suitable for young children is a 'Legionnaires' design or a wide-brimmed bucket style hat – baseball caps are not recommended. **Once upon a time** will keep a supply of emergency hats for days when parents forget to bring in their child's hat.
- ★ Parents should be aware it might be necessary for some fair skinned children to wear long sleeve cotton clothing as well as sunscreen on very sunny days.
- ★ Parents of children with Asian and black skin colouring should be aware that these skin types can be very tolerant to sunshine. However, it is important to remember that burning can still occur, we therefore advocate that all children wear sunscreen.

This policy was adopted by Once upon a time nursery school

Date: 10 May 2023

Amended on:

Signed on behalf of the nursery

To be reviewed: Annually or sooner if any matters arise